

Regulations of Flow Climbing Space

1. Flow Climbing Space (hereinafter: 'Flow'), is a leisure and recreation space located in Wrocław at ul. Jana Długosza 46, managed by Climbing Flow Sp. z o.o. with its registered office in Wrocław (51-162), ul. Jana Długosza 46, entered into the Register of Entrepreneurs of the National Court Register kept by the District Court for Wrocław - Fabryczna in Wrocław, VI Economic Division of the National Court Register under the number: 0000970024, NIP: 8992924437, REGON: 52193250700000 (hereinafter: 'Manager').
2. Flow is open Monday 09.00 - 23.00, Tuesday, Wednesday, Thursday 07.00 - 23.00, Friday, Saturday, Sunday 09.00 - 23.00.
3. Admission to the Flow area is free of charge, while the use of the bouldering hall and the gym is possible after purchasing an admission ticket according to the price list available at the reception and on the website www.flowclimbingspace.pl.
4. Whenever Flow is referred to in the Rules and Regulations, it is understood to mean the area of the entire complex - boulder room, café and relaxation area.
5. These Rules and Regulations are intended to ensure order and safety of persons in Flow.
6. Every person using Flow is required to read the Rules and Regulations and comply with their provisions.
7. Each person who has entered Flow shall be deemed to have become familiar with the provisions of these Rules and Regulations and undertakes to abide by them without exception.
8. Minors under the age of 14 may only be present on Flow premises when accompanied by a parent or adult guardian. Minors over the age of 14 may only be present on the Flow premises when accompanied by a parent/full guardian or with their written consent.
9. Persons staying on the Flow premises must bear in mind that bouldering is a high-risk sport and may lead to injuries and damages. Use of the bouldering area is at your own risk. The manager does not provide personal accident insurance (NNW). The user of the bouldering room should take out such insurance on their own.
10. Persons using the bouldering room for the first time are required to notify the Manager's employees.
11. Persons present on the premises of Flow are obliged to behave in a manner that does not jeopardise the safety of others, in particular, to observe the provisions of these Rules and Regulations, generally applicable laws and public order, as well as to follow the instructions of the Boulder Manger.

The persons present on the premises of Flow are obliged to behave in a manner that does not jeopardise the safety of others, in particular to observe the provisions of these Rules and

Regulations, the rules of generally applicable law and public order, as well as to comply with the instructions of the Management staff concerning order and safety.

12. In particular, persons staying on the Flow area must:

- a) use changeable footwear when in the bouldering area and dedicated climbing shoes when climbing,
- b) be sober when using the bouldering room and the gym,
- c) not have any medical contraindications to climbing.

13. Persons on Flow premises are prohibited, in particular:

- a) damaging the Flow area and any equipment that constitutes the Flow infrastructure,
- b) littering the Flow area,
- c) throw objects that may pose a threat to the life, health or safety of persons in Flow,
- d) disturb the peace and safety of others in Flow,
- e) to bring and possess weapons, explosives, pyrotechnic products, inflammable materials or other dangerous objects that may constitute a threat to human life and health,
- f) to bring and consume their own alcohol on the Flow premises,
- g) possess and consume intoxicants or psychotropic substances, smoke tobacco and nicotine products,
- h) use of provided equipment, i.e. tables, chairs or other furniture intended for seating outside the area designated for this purpose,
- i) carry provided equipment out of the Flow area,
- j) walk or pass directly underneath climbers (the climber always has priority),
- k) leave any objects on the mattresses,
- l) interfering with the setting of climbing holds by oneself,
- m) to catch on structural elements of the hall in which the bouldering area is located,
- n) leave minors unattended or without written permission,
- o) climbing with jewellery or objects in pockets,
- p) enter and drive on the Flow area with any motor vehicles,
- q) to satisfy physiological needs outside the designated areas (i.e. toilets),
- r) to bring in and use professional photographic/video equipment without permission from the Flow manager.
- s) to consume any drinks or food on the mattresses located in the bouldering area.

14. Persons staying on the Flow premises with animals are responsible for keeping an eye on them.

15. Persons staying on Flow premises are responsible for valuables and other personal belongings left on the premises.

16. persons residing on Flow premises agree that their image may be recorded and exploited and at the same time consent to the use of their image under the conditions below:

I authorise Flow to make photographic and audiovisual registrations of my image and expression (e.g. silhouette, voice; hereinafter collectively 'image').

As soon as the image has been recorded, I give Flow free permission to use my image for a period of 5 years from the date of recording, without territorial restrictions, in whole or in parts, also including other sections/images or parts thereof, i.e. with the right to exploit the developments, in all fields of exploitation known at the time of this consent, including in particular the following fields of exploitation:

a) fixation and reproduction in any manner and on any medium,

b) dissemination by means of placing the reproduced copies on the market, public display, broadcasting and re-broadcasting in any format and by any means, making available on the Internet by means of streaming technology and on-demand access, as well as use on websites and social media.

I declare that I waive the right to supervise and accept the use of the participant's personal rights (including image) in connection with the exploitation described above.

17. Persons destroying property located on the premises of the Flow or its infrastructure shall bear material liability for the damage caused in accordance with the provisions of the Civil Code.

18. The Manager shall not be responsible for accidents and incidents resulting from failure to observe the provisions of these Rules and Regulations or safety rules. The Manager shall be liable only for damage caused by his/her culpable action or omission.

19. Persons violating the provisions of these Rules and Regulations will be immediately ejected from the Flow area.

List of contact telephone numbers:

Emergency number: 112,
Fire brigade: 998,
Municipal Police: 986,
Ambulance Service: 999,
Police: 997