

## Flow Climbing Space Regulations

1. Flow Climbing Space (hereinafter: **"Flow"**), is a leisure and recreational space located in Wrocław at ul. Jana Długosza 46, managed by Wspinaczkowe Flow Sp. z o.o. with its registered office in Wrocław (51-162), ul. Jana Długosza 46, entered into the Register of Entrepreneurs of the National Court Register kept by the District Court for Wrocław - Fabryczna in Wrocław, VI Economic Division of the National Court Register under the number: 0000970024, NIP: 8992924437, REGON: 52193250700000 (hereinafter: **"Manager"**).

2. Flow is open on:

Monday: 09.00 - 23.00.

Tuesday, Wednesday, Thursday: 07.00 - 23.00.

Friday, Saturday, Sunday 09.00 - 23.00.

3. Admission to the Flow area is free of charge. Use of the bouldering area and the gym is possible with the purchase of an entrance ticket according to the price list available at the reception and on the website [www.flowclimbingspace.pl](http://www.flowclimbingspace.pl).

4. Whenever Flow is referred to in the Rules and Regulations, it is understood to mean the area of the entire complex - the bouldering and gym area, the café and the relaxation area.

5. These Rules and Regulations are intended to ensure order and safety for those in the Flow area.

6. Every person using Flow is obliged to read and comply with the Rules and Regulations.

7. Any person who has entered the Flow shall be deemed to have familiarised themselves with the provisions of these Rules and Regulations and shall undertake to abide by them in all respects.

8. Minors under 14 years of age may only be on the Flow premises when accompanied by a parent or adult guardian. Minors over the age of 14 may only be on Flow premises when accompanied by a parent / full adult guardian or with their written consent.

9. Persons in the Flow area must bear in mind that bouldering is a high-risk sport and can lead to injury and damage. Use of the bouldering area is at your own risk. The manager does not provide personal accident insurance (NNW). The users of the bouldering centre should take out such insurance on their own.

10. Persons using the bouldering area for the first time are required to notify the Manager's staff.

11. Persons staying at Flow are obliged to behave in a way that does not endanger the safety of others, in particular to observe the provisions of these Rules and Regulations, the

generally applicable law and order public, as well as obeying the instructions of the Manager's employees regarding order and safety.

12. In particular, people in the Flow area must:

- a) use of changing shoes in the bouldering area,
- b) be sober if they use bouldering and gyms,
- c) have no medical contraindications to climbing.

13. Persons in the Flow area are prohibited, in particular:

- a) destroying Flow's land and any equipment that constitutes Flow's infrastructure,
- b) littering in the Flow area,
- c) the throwing of objects capable of endangering the life, health or safety of persons in the Flow area,
- d) disturbing the peace and safety of others in the Flow area,
- e) the carrying and possession of weapons, explosives, pyrotechnics, flammable materials or other dangerous items that may constitute a danger to human life and health,
- f) to bring in and consume their own alcohol on Flow premises,
- g) possession and consumption of narcotic drugs or psychotropic substances, smoking tobacco and nicotine products,
- h) use of provided equipment, i.e. tables, chairs or other furniture for seating outside the designated area,
- i) take the provided equipment outside the Flow area,
- j) approaching or passing directly under climbers (the climber always has priority),
- k) leave any objects on the mattresses,
- l) interfering with the setting of climbing holds yourself,
- m) catching on the structural elements of the hall in which the boulder room is located,
- n) leaving minors unattended or without written permission,
- o) climbing with jewellery or objects in your pockets,
- p) to enter and drive on the Flow area with any motor vehicles,
- q) to attend to physiological needs outside the designated areas (i.e. toilets),
- r) bringing in and using professional photographic/video equipment without permission from the Flow manager.
- s) consumption of any drinks and food on the mattresses in the bouldering area.

14. Persons on Flow premises with animals have a duty to keep an eye on them.

15. Persons staying on the Flow are responsible for valuables and other personal belongings left on the Flow.

16. Persons attending Flow agree that their image may be recorded and exploited and at the same time consent to the use of their image under the conditions below:

- I authorise Flow to make photographic and audiovisual recordings of my image and expression (e.g. silhouette, voice; hereinafter collectively "image").
- Once the image has been recorded, I give my free consent for Flow to use the image for a period of 5 years from the date of recording, without territorial restrictions, in whole or in parts, also including other sections/images or parts thereof, i.e. with the right to exploit the

developments, in all fields of exploitation known at the time of this consent, including in particular the following fields of exploitation:

- a) fixation and reproduction by any means and on any medium,
- b) dissemination by means of placing reproductions on the market, public display, broadcasting and re-broadcasting in any format and by any means, making available on the Internet by streaming and on-demand access, and use on websites and social media.

- I declare that I waive the right to supervise and accept the use of the participant's personal rights (including image) in connection with the exploitation described above.

17. Persons damaging property on Flow's premises or its infrastructure shall be held materially liable for the damage caused in accordance with the provisions of the Civil Code.

18. The Manager shall not be liable for accidents and incidents resulting from failure to observe the provisions of these Rules and Regulations or safety rules. The Manager shall only be liable for damage caused by his/her culpable act or omission.

19. Violators of these Rules and Regulations will be immediately ejected from the Flow area.

List of emergency numbers:

Emergency number: 112,  
Fire brigade: 998,  
Municipal Police: 986,  
Ambulance service: 999,  
Police: 997